

Psalm 103:1-5 (NKJV) Bless the LORD, O my soul; And all that is within me, *bless* His holy name! Bless the LORD, O my soul, And forget not all His benefits: Who forgives all your iniquities, Who heals all your diseases, Who redeems your life from destruction, Who crowns you with lovingkindness and tender mercies, **Who satisfies your mouth with good things, So that your youth is renewed like the eagle's.**

1. What is satisfaction?

Psalm 103:5 (NKJV) Who satisfies your **mouth** with good things, *So that your youth is renewed like the eagle's.*

What it says is, “God satisfies the one who _____.”

James 3:2 (KJV) For in many things we offend all. If any man **offend not in word**, the same *is* a perfect man, *and able also to bridle the whole body.*

James 3:6 (KJV) And the **(undisciplined)** tongue *is* a fire, a world of iniquity: so is the tongue among our members, that it **defileth the whole body**, and **setteth on fire the course of nature**; and it is set on fire of hell.

Psalm 84:11 (NKJV) For the LORD God *is* a sun and shield; The LORD will give grace and glory; **No good thing will He withhold From those who walk uprightly.**

Malachi 3:7 (NIV) Ever since the time of your forefathers **you have turned away from my decrees** and have not kept them. **Return to me, and I will return to you,** says the LORD Almighty. "But you ask, 'How are we to return?'"

Malachi 3:13-18 (NIV)

2. Who satisfies?

Proverbs 14:14 (NKJV) The backslider in heart will be filled with his own ways, But a good man *will be satisfied* from above.

Proverbs 5:10 (NKJV) Lest aliens be filled with your wealth, And your labors *go* to the house of a foreigner;

Psalm 145:16 (NKJV) You open Your hand And satisfy the desire of every living thing.

3. What is the result of satisfaction?

Proverbs 30:11-16 (NKJV) *There is* a generation *that curses its father*, And does **not bless** its mother. *There is* a generation *that is pure in its own eyes*, Yet is **not washed from its filthiness**. *There is* a generation--oh, how **lofty are their eyes!** And their eyelids are **lifted up**. *There is* a generation whose **teeth are like swords**, And whose **fangs are like knives**, To **devour the poor** from off the earth, And the needy from *among* men. The leech has two daughters-- **Give and Give!** There are three *things that* are never satisfied, Four never say, "Enough!": The grave, The barren womb, The earth *that is* not satisfied with water-- And the fire never says, "Enough!"

The benefit of spending time with God

Psalm 103:5 (NKJV) Who satisfies your mouth with good things, **So that your youth is renewed like the eagle's.**

4. How do you receive satisfaction?

Isaiah 53:11-12 (NKJV) He shall see the labor of His soul, **and be satisfied**. By His knowledge My righteous Servant shall justify many, For He shall bear their iniquities. Therefore I will divide Him a portion with the great, And He shall divide the spoil with the strong, **Because He poured out His soul unto death**, And He was numbered with the transgressors, And He bore the sin of many, And made intercession for the transgressors.

Matthew 16:25 (NKJV) For whoever **desires to save his life will lose it**, but whoever **loses his life for My sake will find it**.

Mark 10:28-30 (NKJV) Then Peter began to say to Him, "See, **we have left all and followed You.**" So Jesus answered and said, "Assuredly, I say to you, **there is no one who has left** house or brothers or sisters or father or mother or wife or children or lands, for My sake and the gospel's, **who shall not receive a hundredfold now in this time**--houses and brothers and sisters and mothers and children and lands, with persecutions--**and in the age to come, eternal life.**

* **It's not about _____ you get done.**

* **It's about _____ you do all those things.**

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